

Pilates-Trained Physiotherapist

Location: Marylebone, London

Employment Type: Full-time (37.5 hours per week, 5 days)

Start date: ASAP



London's premier destination
for world class healthcare

About OPUS Biological

OPUS Biological is a forward-thinking sports medicine and regenerative medicine clinic based in Marylebone, London. We specialise in delivering high-quality, evidence-based care to a diverse client base, including self-funding individuals and internationally insured patients. Our approach combines clinical excellence with performance-focused rehabilitation.

Role Overview

We are seeking a motivated and skilled Pilates-trained Physiotherapist to join our growing team. This is an excellent opportunity for a clinician who is passionate about movement quality, rehabilitation, and delivering exceptional patient care in a private clinical setting. Be part of a highly specialist team consisting of: Sports medicine physicians, physiotherapists, an osteopath, podiatrist and performance psychologist
You will manage a varied caseload including musculoskeletal and sports injury patients, delivering one-to-one, hour-long appointments with a strong emphasis on manual therapy and exercise therapy, plus Pilates-based rehabilitation.

Key Responsibilities

- Deliver high-quality physiotherapy assessments and treatments in 60-minute sessions
- Design and implement individualised rehabilitation programmes incorporating Pilates principles where applicable
- Manage a caseload of self-funding and privately insured patients
- Work with patients covered by insurers including Allianz Global, BUPA Global, Cigna International, Healix, and WPA
- Maintain accurate and up-to-date clinical records
- Collaborate with the wider multidisciplinary team where appropriate
- Contribute to the clinic's professional and welcoming environment

Essential Requirements

- BSc or MSc in Physiotherapy
- Minimum of 2 years post-qualification clinical experience
- Current HCPC registration
- CSP membership (or equivalent professional indemnity cover)
- Formal Pilates training (e.g., APPI or equivalent)
- Strong clinical reasoning and communication skills

Desirable (Not Essential)

- Experience in private healthcare settings
- Background in sports injury management or working with active populations
- Additional qualifications in manual therapy or rehabilitation

What We Offer

- Starting salary of £45k per annum
- 25 days annual leave plus bank holidays
- Workplace pension contributions
- Supportive and professional working environment
- Opportunity to develop within a growing sports medicine clinic
- Access to a high-quality patient base and modern facilities

How to Apply

If you are a passionate physiotherapist with a strong interest in Pilates-based rehabilitation and want to be part of a progressive clinic, we would love to hear from you at Info@opusbiological.com